June 26, 2017

Food Allergy Guide for **Yllana Sabado**

My daughter, Yllana Sabado, has a food allergy.

She is allergic to cow’s milk.

Please avoid giving her dairy products such as cow’s milk, yogurt, and string cheese.

Cooked/baked goods containing milk products are ok; e.g. pizza, grilled cheese, quesadillas, mac and cheese, etc.

We will send a milk substitute for her to drink in place of cow’s milk. Please provide to her when milk is provided to the other children.

Sincerely,

Ryan Sabado

718 S. Rosalind Drive

Orange, CA 92869

Cell: (424) 558-1731

Email: thesabados@gmail.com